

Fin dag RCOVL: Session: 1: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 13:00 until 13:50. Teamleadmeeting @ 13:50 The listed starttimes are indicative!

Coaches: Hanssens Yash

Coaches: Guldentops Kevin

Coaches: Verluyten Philippe

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 14:00	
Heat: 1/4 Lane : 2 Athlete: LALOO FÉLINE							Q-time: 00:05:00	
PB (25m pool): 03:06.56 Eeklo 06/04/2026			PB (50m pool): 03:06.06 SB: 03:06.56 Eeklo 06/04/2026					
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:41.21		no time		no time		03:06.56
	00:41.21							

Coach feedback:

Event number: 1: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 14:00	
Heat: 1/4 Lane : 5 Athlete: FOUBERT SANNE							Q-time: 00:02:00	
PB (25m pool): 03:02.39 TEMSE 23/11/2025			PB (50m pool): 03:11.56 SB: 03:02.39 TEMSE 23/11/2025					
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:38.71		01:25.63		02:18.82		03:02.39
	00:38.71		00:46.92		00:53.19		00:43.57	

Coach feedback:

Event number: 1: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 14:00	
Heat: 1/4 Lane : 6 Athlete: GOEMINNE ELLEMIEKE							Q-time: 00:04:00	
PB (25m pool): 03:10.76 TEMSE 23/11/2025			PB (50m pool): 03:15.01 SB: 03:10.76 TEMSE 23/11/2025					
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:40.27		01:29.42		02:27.61		03:10.76
	00:40.27		00:49.15		00:58.19		00:43.15	

Coach feedback:

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Event number: 2: 200M MEDLEY WOMEN 13+							Heat:1, starttime: 14:05	
Heat: 1/3 Lane : 2 Athlete: VERLUYTEN NIENE							Q-time: 00:05:00	
PB (25m pool): 02:37.48 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:41.69 SB: 02:37.48 Sint-Amandsberg 19/10/2025				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:34.23		01:13.09		02:01.64		02:37.48
		00:34.23		00:38.86		00:48.55		00:35.84

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 13+							Heat:1, starttime: 14:05	
Heat: 1/3 Lane : 3 Athlete: VAN BUNDER INEZ							Q-time: 00:03:00	
PB (25m pool): 02:36.78 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:37.00 SB: 02:36.78 Sint-Amandsberg 19/10/2025				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:33.21		01:15.30		02:02.90		02:36.78
		00:33.21		00:42.09		00:47.60		00:33.88

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 13+							Heat:1, starttime: 14:05	
Heat: 1/3 Lane : 5 Athlete: DE JONG SUZAN							Q-time: 00:02:00	
PB (25m pool): 02:32.95 Temse 17/11/2025				PB (50m pool): 02:34.51 SB: 02:32.95 Temse 17/11/2025				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:32.03		01:10.95		01:55.91		02:32.95
		00:32.03		00:38.92		00:44.96		00:37.04

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 13+							Heat:1, starttime: 14:05	
Heat: 1/3 Lane : 6 Athlete: DEBRABANDERE LEONIE							Q-time: 00:04:00	
PB (25m pool): 02:37.10 Sint-Niklaas 28/12/2025				PB (50m pool): 02:39.45 SB: 02:37.10 Sint-Niklaas 28/12/2025				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:32.75		no time		no time		02:37.10
		00:32.75						

Coach feedback:

Fin dag RCOVL: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 2: 200M MEDLEY WOMEN 13+							Heat:2, starttime: 14:05	
Heat: 2/3 Lane : 2 Athlete: GAUDAEN MAUD							Q-time: 00:05:00	
PB (25m pool): 02:35.08 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:36.96 SB: 02:35.08 Sint-Amandsberg 19/10/2025				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:33.39		01:14.08		02:00.55		02:35.08
		00:33.39		00:40.69		00:46.47		00:34.53

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 13+							Heat:2, starttime: 14:05	
Heat: 2/3 Lane : 3 Athlete: STESENS EMMA-LOUISE							Q-time: 00:03:00	
PB (25m pool): 02:33.23 Sint-Niklaas 28/12/2025				PB (50m pool): 02:37.41 SB: 02:33.23 Sint-Niklaas 28/12/2025				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:34.04		no time		no time		02:33.23
		00:34.04						

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 13+							Heat:2, starttime: 14:05	
Heat: 2/3 Lane : 4 Athlete: VAN BUNDER AMY							Q-time: 00:01:00	
PB (25m pool): 02:27.52 Durmehal 28/02/2026				PB (50m pool): 02:32.57 SB: 02:27.52 Durmehal 28/02/2026				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:30.38		01:08.16		01:52.34		02:27.52
		00:30.38		00:37.78		00:44.18		00:35.18

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 13+							Heat:2, starttime: 14:05	
Heat: 2/3 Lane : 5 Athlete: VERLUYTEN LENI							Q-time: 00:02:00	
PB (25m pool): 02:29.92 TEMSE 18/05/2025				PB (50m pool): 02:35.07 SB: 02:32.48 Lokeren 28/09/2025				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:32.96		01:11.74		no time		02:29.92
		00:32.96		00:38.78				

Coach feedback:

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Event number: 2: 200M MEDLEY WOMEN 13+							Heat:2, starttime: 14:05	
Heat: 2/3 Lane : 6 Athlete: WAELPUT ELODIE							Q-time: 00:04:00	
PB (25m pool): 02:34.79 T ROSCO 12/10/2025				PB (50m pool): 02:39.65 SB: 02:34.79 T ROSCO 12/10/2025				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:33.40		01:13.04		01:58.76		02:34.79
		00:33.40		00:39.64		00:45.72		00:36.03

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 13+							Heat:3, starttime: 14:05	
Heat: 3/3 Lane : 4 Athlete: DE BONT SAM							Q-time: 00:01:00	
PB (25m pool): 02:17.74 Gent(Sint-Amandsberg) 11/11/2024				PB (50m pool): 02:21.96 SB: no time				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:30.13		01:06.81		01:46.47		02:17.74
		00:30.13		00:36.68		00:39.66		00:31.27

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:1, starttime: 14:05	
Heat: 1/4 Lane : 4 Athlete: OSSELAER VAN NIEUWENHUYZE KIAN							Q-time: 00:01:00	
PB (25m pool): 03:02.09 Durmehal 28/02/2026				PB (50m pool): 02:58.46 SB: 03:02.09 Durmehal 28/02/2026				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:42.31		01:27.50		02:21.50		03:02.09
		00:42.31		00:45.19		00:54.00		00:40.59

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:2, starttime: 14:05	
Heat: 2/4 Lane : 7 Athlete: VANDEPUTTE WOUT							Q-time: 00:06:00	
PB (25m pool): 02:50.27 Durmehal 28/02/2026				PB (50m pool): 02:49.91 SB: 02:50.27 Durmehal 28/02/2026				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:38.32		01:19.87		02:09.32		02:50.27
		00:38.32		00:41.55		00:49.45		00:40.95

Coach feedback:

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Event number: 3: 200M MEDLEY MEN 11+							Heat:3, starttime: 14:05	
Heat: 3/4 Lane : 1 Athlete: EL BOUJADDAYNI DAOUD							Q-time: 00:07:00	
PB (25m pool): 02:35.17 Sint-Niklaas 28/12/2025				PB (50m pool): 02:37.29 SB: 02:35.17 Sint-Niklaas 28/12/2025				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:34.90		no time		no time		02:35.17
	00:34.90							

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:3, starttime: 14:05	
Heat: 3/4 Lane : 2 Athlete: BOEL LIAM							Q-time: 00:05:00	
PB (25m pool): 02:35.80 Sint-Niklaas 28/12/2025				PB (50m pool): 02:42.65 SB: 02:35.80 Sint-Niklaas 28/12/2025				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:34.73		no time		no time		02:35.80
	00:34.73							

Coach feedback:

Event number: 4: 200M MEDLEY MEN 13+							Heat:1, starttime: 14:10	
Heat: 1/3 Lane : 3 Athlete: SCIACCA EMILIO							Q-time: 00:03:00	
PB (25m pool): 02:38.75 Sint-Amansberg 19/10/2025				PB (50m pool): 02:41.63 SB: 02:38.75 Sint-Amansberg 19/10/2025				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.24		01:15.63		02:03.34		02:38.75
	00:35.24		00:40.39		00:47.71		00:35.41	

Coach feedback:

Event number: 4: 200M MEDLEY MEN 13+							Heat:1, starttime: 14:10	
Heat: 1/3 Lane : 4 Athlete: KARER MALIK							Q-time: 00:01:00	
PB (25m pool): 02:36.63 Durmehal 28/02/2026				PB (50m pool): 02:40.49 SB: 02:36.63 Durmehal 28/02/2026				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:34.99		01:15.85		01:59.63		02:36.63
	00:34.99		00:40.86		00:43.78		00:37.00	

Coach feedback:

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Event number: 4: 200M MEDLEY MEN 13+							Heat:1, starttime: 14:10	
Heat: 1/3 Lane : 5 Athlete: AERENS JEF							Q-time: 00:02:00	
PB (25m pool): 02:37.12 Eeklo 06/04/2026				PB (50m pool): 02:42.63 SB: 02:37.12 Eeklo 06/04/2026				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:33.87		no time		no time		02:37.12
	00:33.87							

Coach feedback:

Event number: 4: 200M MEDLEY MEN 13+							Heat:2, starttime: 14:10	
Heat: 2/3 Lane : 3 Athlete: DE JONG STAN							Q-time: 00:03:00	
PB (25m pool): 02:24.77 Durmehal 28/02/2026				PB (50m pool): 02:32.63 SB: 02:24.77 Durmehal 28/02/2026				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:30.75		01:07.47		01:52.43		02:24.77
	00:30.75		00:36.72		00:44.96		00:32.34	

Coach feedback:

Event number: 4: 200M MEDLEY MEN 13+							Heat:2, starttime: 14:10	
Heat: 2/3 Lane : 5 Athlete: MICHIELS SIBE							Q-time: 00:02:00	
PB (25m pool): 02:17.46 TEMSE 18/05/2025				PB (50m pool): 02:23.33 SB: no time				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:29.29		01:02.88		01:47.08		02:17.46
	00:29.29		00:33.59		00:44.20		00:30.38	

Coach feedback:

Event number: 4: 200M MEDLEY MEN 13+							Heat:2, starttime: 14:10	
Heat: 2/3 Lane : 6 Athlete: SCIACCA LEANDRO							Q-time: 00:04:00	
PB (25m pool): 02:26.00 TEMSE 18/05/2025				PB (50m pool): 02:24.90 SB: 02:26.35 Temse 17/11/2025				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:30.76		01:10.31		01:51.03		02:26.00
	00:30.76		00:39.55		00:40.72		00:34.97	

Coach feedback:

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Event number: 4: 200M MEDLEY MEN 13+							Heat:2, starttime: 14:10	
Heat: 2/3 Lane : 7 Athlete: SCHRAUWEN BJARNE							Q-time: 00:06:00	
PB (25m pool): 02:27.07 Lokeren 28/09/2025				PB (50m pool): 02:27.03 SB: 02:27.07 Lokeren 28/09/2025				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:31.33		01:07.66		01:52.75		02:27.07
		00:31.33		00:36.33		00:45.09		00:34.32

Coach feedback:

Event number: 4: 200M MEDLEY MEN 13+							Heat:3, starttime: 14:10	
Heat: 3/3 Lane : 4 Athlete: WAELPUT THOMAS							Q-time: 00:01:00	
PB (25m pool): 02:16.13 Sint-Niklaas 28/12/2025				PB (50m pool): 02:23.86 SB: 02:16.13 Sint-Niklaas 28/12/2025				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:28.55		no time		no time		02:16.13
		00:28.55						

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 13+					Heat:1, starttime: 14:25			
Heat: 1/3 Lane : 1 Athlete: VERLUYTEN NIENE					Q-time: 00:07:00			
PB (25m pool): 01:14.78 Durmehal 28/02/2026			PB (50m pool): 01:19.41 SB: 01:14.78 Durmehal 28/02/2026					
	25 M	50 M	75 M	100 M				
PB		00:33.80		01:14.78				
		00:33.80		00:40.98				
				

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 13+					Heat:1, starttime: 14:25			
Heat: 1/3 Lane : 3 Athlete: DE JONG SUZAN					Q-time: 00:03:00			
PB (25m pool): 01:09.18 Durmehal 28/02/2026			PB (50m pool): no time SB: 01:09.18 Durmehal 28/02/2026					
	25 M	50 M	75 M	100 M				
PB		00:32.13		01:09.18				
		00:32.13		00:37.05				
				

Coach feedback:

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Event number: 6: 100M BUTTERFLY WOMEN 13+				Heat:1, starttime: 14:25	
Heat: 1/3 Lane : 4 Athlete: VAN BUNDER INEZ				Q-time: 00:01:00	
PB (25m pool): 01:07.60 Durmehal 28/02/2026			PB (50m pool): 01:08.17 SB: 01:07.60 Durmehal 28/02/2026		
	25 M	50 M	75 M	100 M	
PB		00:32.13		01:07.60	
		00:32.13		00:35.47	
	

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 13+				Heat:1, starttime: 14:25	
Heat: 1/3 Lane : 5 Athlete: DEBRABANDERE LEONIE				Q-time: 00:02:00	
PB (25m pool): 01:08.94 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 01:10.50 SB: 01:08.94 Stedelijk Zwembad Geel 15/02/2026		
	25 M	50 M	75 M	100 M	
PB		00:32.20		01:08.94	
		00:32.20		00:36.74	
	

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 13+				Heat:2, starttime: 14:25	
Heat: 2/3 Lane : 3 Athlete: WAELPUT ELODIE				Q-time: 00:04:00	
PB (25m pool): 01:11.72 Sint-Amandsberg 19/10/2025			PB (50m pool): 01:13.20 SB: 01:11.72 Sint-Amandsberg 19/10/2025		
	25 M	50 M	75 M	100 M	
PB		00:33.55		01:11.72	
		00:33.55		00:38.17	
	

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 13+				Heat:2, starttime: 14:25	
Heat: 2/3 Lane : 4 Athlete: MURAT IREM				Q-time: 00:01:00	
PB (25m pool): 01:07.78 TEMSE 23/11/2025			PB (50m pool): 01:08.70 SB: 01:07.78 TEMSE 23/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:31.00		01:07.78	
		00:31.00		00:36.78	
	

Coach feedback:

Fin dag RCOVL: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 6: 100M BUTTERFLY WOMEN 13+				Heat:2, starttime: 14:25	
Heat: 2/3 Lane : 5 Athlete: GAUDAEN MAUD				Q-time: 00:02:00	
PB (25m pool): 01:08.96 TEMSE 23/11/2025			PB (50m pool): 01:09.99 SB: 01:08.96 TEMSE 23/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:31.94		01:08.96	
	00:31.94		00:37.02		
	

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 13+				Heat:2, starttime: 14:25	
Heat: 2/3 Lane : 6 Athlete: STESENS EMMA-LOUISE				Q-time: 00:05:00	
PB (25m pool): 01:11.94 Durmehal 28/02/2026			PB (50m pool): 01:16.23 SB: 01:11.94 Durmehal 28/02/2026		
	25 M	50 M	75 M	100 M	
PB		00:32.94		01:11.94	
	00:32.94		00:39.00		
	

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 13+				Heat:3, starttime: 14:25	
Heat: 3/3 Lane : 4 Athlete: DE BONT SAM				Q-time: 00:01:00	
PB (25m pool): 01:02.99 Gent(Sint-Amandsberg) 11/11/2024			PB (50m pool): 01:03.08 SB: no time		
	25 M	50 M	75 M	100 M	
PB		00:29.23		01:02.99	
	00:29.23		00:33.76		
	

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 11+				Heat:1, starttime: 14:25	
Heat: 1/2 Lane : 1 Athlete: VANDEPUTTE WOUT				Q-time: 00:07:00	
PB (25m pool): 01:29.53 Lokeren 28/09/2025			PB (50m pool): 01:29.59 SB: 01:29.53 Lokeren 28/09/2025		
	25 M	50 M	75 M	100 M	
PB		00:41.45		01:29.53	
	00:41.45		00:48.08		
	

Coach feedback:

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Event number: 7: 100M BUTTERFLY MEN 11+				Heat:1, starttime: 14:25	
Heat: 1/2 Lane : 2 Athlete: KARER MALIK				Q-time: 00:05:00	
PB (25m pool): 01:26.09 Lokeren 28/09/2025			PB (50m pool): 01:21.40 SB: 01:26.09 Lokeren 28/09/2025		
	25 M	50 M	75 M	100 M	
PB		00:38.41		01:26.09	
	00:38.41		00:47.68		
	

Coach feedback:

Event number: 8: 100M BUTTERFLY MEN 13+				Heat:1, starttime: 14:30	
Heat: 1/2 Lane : 4 Athlete: SCIACCA EMILIO				Q-time: 00:01:00	
PB (25m pool): 01:10.95 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 01:12.49 SB: 01:10.95 Stedelijk Zwembad Geel 15/02/2026		
	25 M	50 M	75 M	100 M	
PB		00:34.53		01:10.95	
	00:34.53		00:36.42		
	

Coach feedback:

Event number: 8: 100M BUTTERFLY MEN 13+				Heat:2, starttime: 14:30	
Heat: 2/2 Lane : 3 Athlete: SCIACCA LEANDRO				Q-time: 00:03:00	
PB (25m pool): 01:04.19 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 01:05.27 SB: 01:04.19 Stedelijk Zwembad Geel 15/02/2026		
	25 M	50 M	75 M	100 M	
PB		00:29.44		01:04.19	
	00:29.44		00:34.75		
	

Coach feedback:

Event number: 8: 100M BUTTERFLY MEN 13+				Heat:2, starttime: 14:30	
Heat: 2/2 Lane : 5 Athlete: MICHIELS SIBE				Q-time: 00:02:00	
PB (25m pool): 01:02.35 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 01:03.74 SB: 01:02.35 Stedelijk Zwembad Geel 15/02/2026		
	25 M	50 M	75 M	100 M	
PB		00:28.67		01:02.35	
	00:28.67		00:33.68		
	

Coach feedback:

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Event number: 9: 100M BACKSTROKE WOMEN 11+				Heat:1, starttime: 14:40	
Heat: 1/5 Lane : 4 Athlete: FOUBERT SANNE				Q-time: 00:01:00	
PB (25m pool): 01:26.10 Sint-Niklaas 28/12/2025			PB (50m pool): 01:27.58 SB: 01:26.10 Sint-Niklaas 28/12/2025		
	25 M	50 M	75 M	100 M	
PB		00:42.03		01:26.10	
		00:42.03		00:44.07	
	

Coach feedback:

Event number: 9: 100M BACKSTROKE WOMEN 11+				Heat:1, starttime: 14:40	
Heat: 1/5 Lane : 6 Athlete: GOEMINNE ELLEMIEKE				Q-time: 00:04:00	
PB (25m pool): 01:27.31 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 01:30.01 SB: 01:27.31 Stedelijk Zwembad Geel 15/02/2026		
	25 M	50 M	75 M	100 M	
PB		00:42.26		01:27.31	
		00:42.26		00:45.05	
	

Coach feedback:

Event number: 10: 100M BACKSTROKE WOMEN 13+				Heat:1, starttime: 14:45	
Heat: 1/3 Lane : 1 Athlete: DEBRABANDERE LEONIE				Q-time: 00:07:00	
PB (25m pool): 01:13.57 Eeklo 06/04/2026			PB (50m pool): 01:15.92 SB: 01:13.57 Eeklo 06/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:35.71		01:13.57	
		00:35.71		00:37.86	
	

Coach feedback:

Event number: 10: 100M BACKSTROKE WOMEN 13+				Heat:1, starttime: 14:45	
Heat: 1/3 Lane : 3 Athlete: VERLUYTEN NIENE				Q-time: 00:03:00	
PB (25m pool): 01:08.79 Temse 17/11/2025			PB (50m pool): 01:10.75 SB: 01:08.79 Temse 17/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:33.49		01:08.79	
		00:33.49		00:35.30	
	

Coach feedback:

Fin dag RCOVL: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 10: 100M BACKSTROKE WOMEN 13+				Heat:1, starttime: 14:45	
Heat: 1/3 Lane : 4 Athlete: DE JONG SUZAN				Q-time: 00:01:00	
PB (25m pool): 01:06.83 Temse 21/12/2025			PB (50m pool): 01:08.51 SB: 01:06.83 Temse 21/12/2025		
	25 M	50 M	75 M	100 M	
PB		00:32.34		01:06.83	
		00:32.34		00:34.49	
	

Coach feedback:

Event number: 10: 100M BACKSTROKE WOMEN 13+				Heat:1, starttime: 14:45	
Heat: 1/3 Lane : 7 Athlete: VAN BUNDER INEZ				Q-time: 00:06:00	
PB (25m pool): 01:13.05 Durmehal 28/02/2026			PB (50m pool): 01:16.56 SB: 01:13.05 Durmehal 28/02/2026		
	25 M	50 M	75 M	100 M	
PB		00:35.99		01:13.05	
		00:35.99		00:37.06	
	

Coach feedback:

Event number: 10: 100M BACKSTROKE WOMEN 13+				Heat:2, starttime: 14:45	
Heat: 2/3 Lane : 3 Athlete: GAUDAEN MAUD				Q-time: 00:03:00	
PB (25m pool): 01:11.47 Temse 17/11/2025			PB (50m pool): 01:14.54 SB: 01:11.47 Temse 17/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:34.70		01:11.47	
		00:34.70		00:36.77	
	

Coach feedback:

Event number: 10: 100M BACKSTROKE WOMEN 13+				Heat:2, starttime: 14:45	
Heat: 2/3 Lane : 4 Athlete: VERLUYTEN LENI				Q-time: 00:01:00	
PB (25m pool): 01:06.11 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 01:07.58 SB: 01:06.11 Stedelijk Zwembad Geel 15/02/2026		
	25 M	50 M	75 M	100 M	
PB		00:32.02		01:06.11	
		00:32.02		00:34.09	
	

Coach feedback:

Fin dag RCOVL: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 10: 100M BACKSTROKE WOMEN 13+				Heat:2, starttime: 14:45	
Heat: 2/3 Lane : 5 Athlete: STESENS EMMA-LOUISE				Q-time: 00:02:00	
PB (25m pool): 01:08.67 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 01:09.23 SB: 01:08.67 Stedelijk Zwembad Geel 15/02/2026		
	25 M	50 M	75 M	100 M	
PB		00:33.20		01:08.67	
	00:33.20		00:35.47		
	

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+				Heat:1, starttime: 14:45	
Heat: 1/5 Lane : 4 Athlete: OSSELAER VAN NIEUWENHUYZE KIAN				Q-time: 00:01:00	
PB (25m pool): 01:29.88 Sinbad 05/10/2025			PB (50m pool): 01:23.90 SB: 01:29.88 Sinbad 05/10/2025		
	25 M	50 M	75 M	100 M	
PB		00:44.61		01:29.88	
	00:44.61		00:45.27		
	

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 13+				Heat:1, starttime: 14:50	
Heat: 1/3 Lane : 4 Athlete: RENDERS KLAAS				Q-time: 00:01:00	
PB (25m pool): 01:11.61 Durmehal 28/02/2026			PB (50m pool): 01:15.23 SB: 01:11.61 Durmehal 28/02/2026		
	25 M	50 M	75 M	100 M	
PB		00:35.15		01:11.61	
	00:35.15		00:36.46		
	

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 13+				Heat:2, starttime: 14:50	
Heat: 2/3 Lane : 2 Athlete: SCHRAUWEN BJARNE				Q-time: 00:05:00	
PB (25m pool): 00:38.80 Temse 12/03/2023			PB (50m pool): 01:07.56 SB: 01:05.38 Durmehal 28/02/2026		
	25 M	50 M	75 M	100 M	
PB		no time		00:38.80	
	no time				
	

Coach feedback:

Fin dag RCOVL: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 12: 100M BACKSTROKE MEN 13+				Heat:2, starttime: 14:50	
Heat: 2/3 Lane : 4 Athlete: MICHIELS SIBE				Q-time: 00:01:00	
PB (25m pool): 01:00.40 TEMSE 23/11/2025			PB (50m pool): 01:01.53 SB: 01:00.40 TEMSE 23/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:29.36		01:00.40	
		00:29.36		00:31.04	
	

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 13+				Heat:2, starttime: 14:50	
Heat: 2/3 Lane : 6 Athlete: DE JONG STAN				Q-time: 00:04:00	
PB (25m pool): 01:05.24 Eeklo 06/04/2026			PB (50m pool): 01:07.04 SB: 01:05.24 Eeklo 06/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:31.21		01:05.24	
		00:31.21		00:34.03	
	

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 13+				Heat:3, starttime: 14:50	
Heat: 3/3 Lane : 4 Athlete: WAELPUT THOMAS				Q-time: 00:01:00	
PB (25m pool): 00:59.67 Gent 09/11/2025			PB (50m pool): 01:03.49 SB: 00:59.67 Gent 09/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:29.10		00:59.67	
		00:29.10		00:30.57	
	

Coach feedback:

Event number: 14: 100M BREASTSTROKE WOMEN 13+				Heat:1, starttime: 15:05	
Heat: 1/3 Lane : 2 Athlete: DEBRABANDERE LEONIE				Q-time: 00:05:00	
PB (25m pool): 01:23.22 Temse 17/11/2025			PB (50m pool): 01:27.16 SB: 01:23.22 Temse 17/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:38.81		01:23.22	
		00:38.81		00:44.41	
	

Coach feedback:

Fin dag RCOVL: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 14: 100M BREASTSTROKE WOMEN 13+				Heat:1, starttime: 15:05	
Heat: 1/3 Lane : 4 Athlete: DE JONG SUZAN				Q-time: 00:01:00	
PB (25m pool): 01:16.02 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 01:19.27 SB: 01:16.02 Stedelijk Zwembad Geel 15/02/2026		
	25 M	50 M	75 M	100 M	
PB		00:35.28		01:16.02	
	00:35.28		00:40.74		
	

Coach feedback:

Event number: 14: 100M BREASTSTROKE WOMEN 13+				Heat:2, starttime: 15:05	
Heat: 2/3 Lane : 3 Athlete: VERLUYTEN LENI				Q-time: 00:03:00	
PB (25m pool): 01:19.92 Eeklo 21/09/2025			PB (50m pool): 01:24.67 SB: 01:19.92 Eeklo 21/09/2025		
	25 M	50 M	75 M	100 M	
PB		00:37.74		01:19.92	
	00:37.74		00:42.18		
	

Coach feedback:

Event number: 14: 100M BREASTSTROKE WOMEN 13+				Heat:2, starttime: 15:05	
Heat: 2/3 Lane : 4 Athlete: STESENS EMMA-LOUISE				Q-time: 00:01:00	
PB (25m pool): 01:17.90 Temse 17/11/2025			PB (50m pool): 01:23.27 SB: 01:17.90 Temse 17/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:36.64		01:17.90	
	00:36.64		00:41.26		
	

Coach feedback:

Event number: 14: 100M BREASTSTROKE WOMEN 13+				Heat:2, starttime: 15:05	
Heat: 2/3 Lane : 6 Athlete: WAELPUT ELODIE				Q-time: 00:04:00	
PB (25m pool): 01:22.49 Durmehal 28/02/2026			PB (50m pool): 01:25.13 SB: 01:22.49 Durmehal 28/02/2026		
	25 M	50 M	75 M	100 M	
PB		00:38.73		01:22.49	
	00:38.73		00:43.76		
	

Coach feedback:

Fin dag RCOVL: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 14: 100M BREASTSTROKE WOMEN 13+				Heat:2, starttime: 15:05	
Heat: 2/3 Lane : 7 Athlete: MURAT IREM				Q-time: 00:06:00	
PB (25m pool): 01:22.68 Stedelijk Zwembad Geel 15/02/2026		PB (50m pool): 01:26.36 SB: 01:22.68 Stedelijk Zwembad Geel 15/02/2026			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.25		01:22.68	
	00:39.25		00:43.43		
	

Coach feedback:

Event number: 14: 100M BREASTSTROKE WOMEN 13+				Heat:3, starttime: 15:10	
Heat: 3/3 Lane : 4 Athlete: LAGEY LISELOTTE				Q-time: 00:01:00	
PB (25m pool): no time		PB (50m pool): 01:19.41 SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 13+				Heat:1, starttime: 15:15	
Heat: 1/2 Lane : 5 Athlete: KARER MALIK				Q-time: 00:02:00	
PB (25m pool): 01:17.63 Stedelijk Zwembad Geel 15/02/2026		PB (50m pool): 01:19.39 SB: 01:17.63 Stedelijk Zwembad Geel 15/02/2026			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.44		01:17.63	
	00:36.44		00:41.19		
	

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 13+				Heat:1, starttime: 15:15	
Heat: 1/2 Lane : 7 Athlete: AERENS JEF				Q-time: 00:06:00	
PB (25m pool): 01:22.82 Durmehal 28/02/2026		PB (50m pool): 01:26.50 SB: 01:22.82 Durmehal 28/02/2026			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.02		01:22.82	
	00:39.02		00:43.80		
	

Coach feedback:

Fin dag RCOVL: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 16: 100M BREASTSTROKE MEN 13+				Heat:2, starttime: 15:15	
Heat: 2/2 Lane : 2 Athlete: MICHIELS SIBE				Q-time: 00:05:00	
PB (25m pool): 01:15.24 Durmehal 28/02/2026			PB (50m pool): 01:26.43 SB: 01:15.24 Durmehal 28/02/2026		
	25 M	50 M	75 M	100 M	
PB		00:35.37		01:15.24	
	00:35.37		00:39.87		
	

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 13+				Heat:2, starttime: 15:15	
Heat: 2/2 Lane : 4 Athlete: SCIACCA LEANDRO				Q-time: 00:01:00	
PB (25m pool): 01:07.92 TEMSE 23/11/2025			PB (50m pool): 01:09.09 SB: 01:07.92 TEMSE 23/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:31.87		01:07.92	
	00:31.87		00:36.05		
	

Coach feedback:

Event number: 17: 100M FREESTYLE WOMEN 11+				Heat:1, starttime: 15:25	
Heat: 1/5 Lane : 4 Athlete: CAZACU ANTONIA SABINA				Q-time: 00:01:00	
PB (25m pool): 01:18.24 Eeklo 19/04/2026			PB (50m pool): 01:22.01 SB: 01:18.24 Eeklo 19/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:36.75		01:18.24	
	00:36.75		00:41.49		
	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 13+				Heat:1, starttime: 15:30	
Heat: 1/3 Lane : 1 Athlete: VAN BUNDER INEZ				Q-time: 00:07:00	
PB (25m pool): 01:03.56 T ROSCO 12/10/2025			PB (50m pool): 01:04.36 SB: 01:03.56 T ROSCO 12/10/2025		
	25 M	50 M	75 M	100 M	
PB		00:31.03		01:03.56	
	00:31.03		00:32.53		
	

Coach feedback:

Fin dag RCOVL: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 18: 100M FREESTYLE WOMEN 13+				Heat:1, starttime: 15:30	
Heat: 1/3 Lane : 2 Athlete: DEBRABANDERE LEONIE				Q-time: 00:05:00	
PB (25m pool): 01:03.05 Eeklo 06/04/2026			PB (50m pool): 01:04.13 SB: 01:03.05 Eeklo 06/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:29.92		01:03.05	
	00:29.92		00:33.13		
	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 13+				Heat:1, starttime: 15:30	
Heat: 1/3 Lane : 5 Athlete: DE JONG SUZAN				Q-time: 00:02:00	
PB (25m pool): 01:00.76 Eeklo 06/04/2026			PB (50m pool): 01:02.19 SB: 01:00.76 Eeklo 06/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:29.41		01:00.76	
	00:29.41		00:31.35		
	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 13+				Heat:1, starttime: 15:30	
Heat: 1/3 Lane : 7 Athlete: VERLUYTEN NIENE				Q-time: 00:06:00	
PB (25m pool): 01:03.38 Temse 21/12/2025			PB (50m pool): 01:05.14 SB: 01:03.38 Temse 21/12/2025		
	25 M	50 M	75 M	100 M	
PB		00:30.29		01:03.38	
	00:30.29		00:33.09		
	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 13+				Heat:2, starttime: 15:30	
Heat: 2/3 Lane : 4 Athlete: GAUDAEN MAUD				Q-time: 00:01:00	
PB (25m pool): 01:00.51 Temse 21/12/2025			PB (50m pool): 01:01.57 SB: 01:00.51 Temse 21/12/2025		
	25 M	50 M	75 M	100 M	
PB		00:28.98		01:00.51	
	00:28.98		00:31.53		
	

Coach feedback:

Fin dag RCOVL: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 18: 100M FREESTYLE WOMEN 13+				Heat:2, starttime: 15:30	
Heat: 2/3 Lane : 5 Athlete: VAN BUNDER AMY				Q-time: 00:02:00	
PB (25m pool): 01:00.64 Durmehal 28/02/2026			PB (50m pool): 01:02.75 SB: 01:00.64 Durmehal 28/02/2026		
	25 M	50 M	75 M	100 M	
PB		00:29.37		01:00.64	
	00:29.37		00:31.27		
	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 13+				Heat:3, starttime: 15:30	
Heat: 3/3 Lane : 4 Athlete: LAGEY LISELOTTE				Q-time: 00:01:00	
PB (25m pool): no time			PB (50m pool): 01:00.45 SB: no time		
	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 19: 100M FREESTYLE MEN 11+				Heat:1, starttime: 15:30	
Heat: 1/5 Lane : 6 Athlete: EL BOUJADDAYNI YAHYA				Q-time: 00:04:00	
PB (25m pool): 01:24.16 Eeklo 19/04/2026			PB (50m pool): 01:25.57 SB: 01:24.16 Eeklo 19/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:40.01		01:24.16	
	00:40.01		00:44.15		
	

Coach feedback:

Event number: 20: 100M FREESTYLE MEN 13+				Heat:2, starttime: 15:35	
Heat: 2/2 Lane : 2 Athlete: DE JONG STAN				Q-time: 00:05:00	
PB (25m pool): 00:57.31 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:57.78 SB: 00:57.31 Stedelijk Zwembad Geel 15/02/2026		
	25 M	50 M	75 M	100 M	
PB		00:27.81		00:57.31	
	00:27.81		00:29.50		
	

Coach feedback:

Fin dag RCOVL: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 20: 100M FREESTYLE MEN 13+					Heat:2, starttime: 15:35		
Heat: 2/2 Lane : 4 Athlete: MICHIELS SIBE					Q-time: 00:01:00		
PB (25m pool): 00:54.18 TEMSE 23/11/2025				PB (50m pool): 00:55.30 SB: 00:54.18 TEMSE 23/11/2025			
	25 M	50 M	75 M	100 M			
PB		00:26.11		00:54.18			
		00:26.11		00:28.07			
			

Coach feedback:

Event number: 21: 4x50M FREESTYLE WOMEN 11-13							Heat:1, starttime: 15:50	
Heat: 1/1 Lane : 4 Athlete: TEAM TSZ 11							Q-time: 02:03:42	
PB (25m pool):			PB (50m pool):		SB:			
	25 M	50 M	75 M	100	125	150	175	200 M
PB								

Coach feedback:

Event number: 23: 4x50M FREESTYLE WOMEN 14-16							Heat:1, starttime: 16:00	
Heat: 1/1 Lane : 4 Athlete: TEAM TSZ 15							Q-time: 01:53:83	
PB (25m pool):			PB (50m pool):		SB:			
	25 M	50 M	75 M	100	125	150	175	200 M
PB								

Coach feedback:

Event number: 24: 4x50M FREESTYLE MEN 14-16							Heat:1, starttime: 16:00	
Heat: 1/1 Lane : 4 Athlete: TEAM TSZ 25							Q-time: 01:44:04	
PB (25m pool):			PB (50m pool):		SB:			
	25 M	50 M	75 M	100	125	150	175	200 M
PB								

Coach feedback: